# What is the Child and Adult Care Food Program?

The Child and Adult Care Food Program (CACFP) was established to improve the meals and snacks served in child and adult day care programs.

Registered providers can be reimbursed for nutritious meals and snacks served to children receiving DSS subsidy, as well as other related or unrelated children enrolled for care in the child care home. All child care homes are eligible for Tier II reimbursement rates. A higher Tier I rate will be paid to home providers who live in low-income areas, have low household income, or serve low-income children. All subsidized children would qualify for Tier I reimbursement.

The CACFP is a USDA program that is administered by the Missouri Department of Health and Senior Services (DHSS), Bureau of Community Food and Nutrition Assistance (CFNA).

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

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(3) email: program.intake@usda.gov. This institution is an equal opportunity provider.

#### What are the Eligibility Requirements?

- All registered child care homes must have current registration status with the Department of Social Services.
- Care provided in registered homes must be in the provider's own residence.
- Registered homes must participate in the CACFP through a sponsoring organization.
- The sponsoring organization must have access to the registered home and must complete a safety inspection of the home before approval to participate in the CACFP can be granted.

#### **Registered Home Responsibilities:**

- ✓ Serve meals meeting program requirements.
- ✓ Keep accurate meal count and daily attendance records.
- ✓ Keep accurate records of all meals served, including menus and meal count documentation.
- Maintain enrollment documentation on each child in care, and obtain certified statements for related children in care.
- Claim no more than two meals and one snack or one meal and two snacks for each child per day. The child must be in attendance and be served a creditable meal.
- Meet minimum health and safety standards and maintain compliance with the standards throughout participation in the program.

	EL CALMER.	1/	AGE: 3 through 5 ¾ cup	Age: 6 through 18
BREAKFAST	Fluid Milk	1/2 cup		
	Fruit or Vegetable or both	¼ cup	1/2 cup	½ cup
	Grain	1/2 slice or 1/2 serving	1/2 slice or 1/2 serving	1 slice or 1 serving
SNACKS (Serve 2)	FluidMilk	1/2 cup	1/2 cup	1 cup
	Fruit	½ cup	1/2 cup	<sup>3</sup> / <sub>4</sub> cup
	Vegetable	1/2 cup	1/2 cup	<sup>3</sup> ⁄ <sub>4</sub> cup
	Meat or Meat Alternate	½ OZ.	½ 0Z.	1 oz.
	Grain	1/2 slice or 1/2 serving	1/2 slice or 1/2 serving	1 slice or 1 serving
LUNCH/SUPPER	Fluid Milk	1/2 cup	<sup>3</sup> ⁄4 cup	1 cup
	Meat or Poultry or Fish or Cheese	1 oz.	1 ½ oz.	2 oz.
	or Egg	1/2	3/4	1
	Cooked Dry Beans or Peas	1/4 cup	¾ cup	1/2 cup
	or Peanut Butter	2 tblsp.	3 tblsp.	4 tblsp.
	Vegetables	1/8 CUD	1/4 cup	1/2 cup
	Fruits	⅓ cup	1/4 cup	1/4 cup
	Grain	1/2 slice or 1/2 serving	1/2 slice or 1/2 serving	1 slice or 1 serving

### What Is a Sponsoring Organization?

Sponsoring organizations are nonprofit or public organizations that contract with the Missouri Department of Health and Senior Services (DHSS). They serve as sponsors for family child care homes. Their responsibilities are:

- Conduct a pre-approval visit to the registered home to inspect the home for basic health and safety compliance.
- ✓ Make at least three visits annually to observe meal service and CACFP program compliance.
- ✓ Check records such as menus, meal counts, and attendance records on a monthly basis.
- ✓ Train registered providers on program requirements.
- Provide help to registered providers in areas of nutrition, nutrition education, food preparation, food sanitation and provide referral to other community resources.
- ✓ Determine if the registered providers are Tier I homes and determine which children are eligible for Tier I reimbursement.
- ✓ Submit claim information on a monthly basis to DHSS CFNA.
- ✓ Disburse or mail reimbursement checks to home providers in a timely manner.

A list of sponsoring organizations is provided on the back of this brochure.

### Family Child Care Home Sponsoring Organizations

Allen Chapel AMEC PO Box 300735 Kansas City, Mo 64130 816-924-6302 allenchapel4125@gmail.com **Child Nutrition Service, Inc.** PO Box 999 Smithville, MO 64089 816-343-6009 aubrie@childnutritionservice.com Council of Churches of the Ozarks, Inc. 1710 E Chestnut Expressway Springfield, MO 65802 417-865-8427 or 800-818-6812 info@ccfpfood.com Delta Area Economic Opportunity Corp.

99 Skyview Road Portageville, MO 63873 573-379-3851 or 800-748-8320

#### mchristian@daeoc.com

Northeast Missouri (NEMO) Community Action Agency PO Box 966 Kirksville, MO 63501 660-665-9855 or 800-737-3165

#### cmintosh@capnemo.org

United 4 Children 1310 Papin Street Saint Louis, MO 63103 800-467-2322 or 314-531-1412

#### smithl@united4children.org

YWCA of St. Joseph 304 North 8<sup>th</sup> Street Saint Joseph, MO 64501 816-232-4481 tkoranda@ywcasj.org

For more information about CACFP: Visit our web site at: <u>http://health.mo.gov/cacfp</u> E-mail questions to: <u>cacfp@health.mo.gov</u> Phone: 800-733-6251 or 573-751-6269

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## Have you heard about the Child and Adult Care Food Program?



# Building Good Nutrition Through Registered Homes



Missouri Department of Health & Senior Services Bureau of Community Food and Nutrition Assistance PO Box 570 Jefferson City, Mo 65102