

# Missouri Department of Health and Senior Services

## Commodity Supplemental Food Program

**Has your eligibility run out for the Supplemental Nutrition Program for Women, Infants and Children (WIC) or do you know older adults in need of supplemental nutrition?**

Check out the eligibility criteria for the Commodity Supplemental Food Program (CSFP).



### **Who does CSFP serve?**

If you are pregnant, breastfeeding, have given birth within the last year, have infants or children up to age six living in your home, have limited income, and **are not** participating in the WIC Program or if your eligibility for the WIC program has run out, you may be eligible to participate in the CSFP. Older adults, age sixty or older, who live in low-income households may also participate in CSFP.

### **What is the CSFP?**

The CSFP provides nutritious commodity foods to eligible clients. Each food package is worth about \$50.00 and consists of canned fruits, vegetables, meat, cheese, cereals and grain products and milk products provided to each eligible individual each month.

### **What income criteria must be met?**

Women, infants and children must live in households with a gross annual income at or below 185% of the federal poverty level (\$41,348 for a household of 4). Older adults must have gross annual incomes at or below 130% of federal poverty (\$19,123 for a household of 2).

### **What do I need to sign up?**

Proof of residence (an I.D. with current address such as a driver's license) and a birth certificate (for eligible infants and children and for postpartum or breastfeeding verification). Pregnant women whose pregnancy is not visible will need a note from the doctor verifying the pregnancy.

### **Where do I go?**

For a site near you, call 800-733-6251 or go to <http://www.health.mo.gov/living/wellness/nutrition/foodprograms/csfp>.