



The 100 Missouri Miles Challenge

Frequently Asked Questions

What is a 100 Missouri Miles Group?

100 Missouri Miles participants are also able to take the Challenge with their friends, families and coworkers by creating online groups. This feature allows participants to track their progress as a team and how it compares to similar groups around the state, and allows participation in the Challenge to expand to parties who otherwise may not have been involved.

How do I start a group?

Go to 100MissouriMiles.com and select the 'Register' button at the top of the homepage. After completing the registration form, you will receive an email confirming your registration and further instructions on how to log into the website. Once logged in to your account, visit the groups page and enter the basic information about your group. You can then submit your Group for review.

Where can my group complete activities for the Governor's 100 Missouri Miles Challenge?

The Challenge is a great opportunity to promote Missouri's proud outdoor heritage, improve your health and – best of all – have fun with family and friends outdoors. Please use the 100 Missouri Miles activity converter below the 'log your miles' section to convert and log miles not completed on one of Missouri's pathways or blueways.

Are groups public or private?

The Group Administrator (typically, the user who created the group) can decide if the Group is Public or Private. Public Groups display information about the group, such as Group Membership and mileage, to the public. With private groups, this information will only be available to members of the group.

Can anyone join my group? How do I make a "closed" group for just my friends and family?

Public groups are open for anyone to join. Private groups require permission from the Group Administrator.

How can my organization sponsor the Governor's 100 Missouri Miles Challenge?

Becoming a sponsor of the Governor's 100 Missouri Miles Challenge is an opportunity to promote your organization to thousands of Missourians. For more information send an email with your contact information to your point of contact with the State of Missouri or to 100momiles-info@mo.gov.

For more FAQs please visit 100MissouriMiles.com.



100MISSOURIMILES.COM |  



Brought to you by: Department of Insurance, Financial Institutions and Professional Registration, Department of Economic Development, Division of Tourism, Department of Transportation, Department of Health and Senior Services, Department of Natural Resources, Missouri State Parks, Department of Conservation, Strive for Wellbeing, Department of Elementary and Secondary Education, Office of Administration