FROM: PETER LYSKOWSKI
ACTING DIRECTOR

SUBJECT: Update 3: Zika Virus Infections – New CDC Guidelines

NEW! On February 5, 2016, the Centers for Disease Control and Prevention (CDC) issued new guidelines for preventing sexual transmission of Zika virus, and also issued an update to previously issued guidelines relating to pregnant women and women of reproductive age with possible Zika virus exposure.

1. Interim Guidelines for Prevention of Sexual Transmission of Zika Virus – United States, 2016. This is available at: http://www.cdc.gov/mmwr/volumes/65/wr/pdfs/mm6505e1er.pdf

   This new interim guidance on preventing sexual transmission of Zika virus has been issued following confirmation through laboratory testing of the first case of Zika virus infection in a non-traveler in the continental United States during the current Zika outbreak. It is noted that although sexual transmission of Zika virus infection is possible, mosquito bites remain the primary way that Zika virus is transmitted. CDC expects to update this interim guidance as new information becomes available.

2. Update: Interim Guidelines for Health Care Providers Caring for Pregnant Women and Women of Reproductive Age with Possible Zika Virus Exposure – United States, 2016. This is available at: http://www.cdc.gov/mmwr/volumes/65/wr/pdfs/mm6505e2er.pdf

   These updated guidelines for health care providers recommend that pregnant women without symptoms of Zika virus disease can be offered testing 2-12 weeks after returning from areas with ongoing Zika virus transmission.

   Recommendations for pregnant women with a clinical illness consistent with Zika virus disease during, or within 2 weeks of, travel to such areas are unchanged from the previous CDC recommendations that were released on January 19, 2016.

For More Information
- Current information from CDC on Zika, including countries and territories with active Zika virus transmission, is available at: http://www.cdc.gov/zika/index.html
- Links to previous Health Advisories/Updates on Zika sent by the Missouri Department of Health and Senior Services (DHSS) are available at: http://health.mo.gov/emergencies/ert/alertsadvisories/index.php

Questions Regarding This Health Update
Direct questions to DHSS’ Office of Veterinary Public Health, Monday through Friday, 8:00AM to 5:00PM, 573/526-4780; after hours/weekends, 800/392-0272.