



Nothing is more important to your baby than good health. By sharing information about your pregnancy, you can help other moms have healthy babies.

**Take part in the
PRAMS Survey!**





**For more information about PRAMS,
call toll-free 1-866-808-4048**

We need your help!

Every year, the Missouri Department of Health and Senior Services asks hundreds of new mothers to participate in the Pregnancy Risk Assessment Monitoring System (PRAMS).

We invite you to take part in this important project by filling out a survey that will be mailed to you in the near future. Your input could help improve the health of thousands of women and babies throughout Missouri.

To thank you for taking the survey, you will receive a small gift for your baby, and your name will be entered in a drawing for a \$100 gift card.

Missouri Department of Health and Senior Services

www.dhss.mo.gov

