Title of Intervention: The Fall Asleep Pacifier (FAP)

Intervention Strategies: Environments and Policies, Campaigns and Promotions, Supportive Relationships

Purpose of the Intervention: To reduce the caries incidence rate in children

Population: 1-year-old high-risk children and their parents

Setting: Dental clinics in the city and surrounding areas of Lohia, Finland; health care facility-based

Partners: Lohia District Health Center

Intervention Description:
- Environments and Policies: Mothers of children who were 16 months old received a package of fluoride tablets to be given to the child each evening and a slow-release pacifier called the Fall-Asleep Pacifier (FAP). Toothbrushes were also offered to parents for free.
- Campaigns and Promotions: Mothers also received leaflets about dental health for 1-2 year olds.
- Supportive Relationships: Mothers received dental health counseling.

Theory: Not mentioned

Resources Required:
- Staff/Volunteers: Oral health care providers
- Training: Not mentioned
- Technology: Not mentioned
- Space: Not mentioned
- Budget: Not mentioned
- Intervention: Fluoride tablets, FAP pacifiers, printed questionnaires, leaflets, postage
- Evaluation: Printed questionnaires

Evaluation:
- Design: Cohort study, post-test only
- Methods and Measures:
  - Oral examination to measure bacteria counts and caries rates
  - Questionnaire to measure the sugar intake, thumb sucking and breast feeding habits

Outcomes:
- Short Term Impact: Not measured
- Long Term Impact: Participants who received the pacifiers experienced fewer caries and decay than those who did not receive the pacifiers.

Maintenance: Not mentioned

Lessons Learned: Not mentioned

Citation(s):