**Title of Intervention:** A "Driving Under the Influence" Class

**Intervention Strategies:** Group Education

**Purpose of the Intervention:** To improve driving under the influence (DUI) knowledge, attitudes and behavior

**Population:** Juveniles convicted of DUI

**Setting:** Contra Costa County, California; community-based

**Partners:** Contra Costa County Juvenile Probation Officers, Contra Costa Alcohol and Drug Abuse Council

**Intervention Description:**
- Group Education: An 18-hour educational series, The "Driving Under the Influence" class was held for three consecutive Saturdays for six hours each day. The curriculum included information on laws and consequences of DUI, alternatives to replace DUI and general and specific skills necessary to resist peer pressure for DUI.

**Theory:** Not mentioned

**Resources Required:**
- Staff/Volunteers: Not mentioned
- Training: Not mentioned
- Technology: Not mentioned
- Space: Room for education classes
- Budget: Not mentioned
- Intervention: Educational materials, teachers/facilitators
- Evaluation: Juvenile records, knowledge test, attitude scale, behavioral self report index

**Evaluation:**
- Design: Randomized Controlled Trial
- Methods and Measures:
  - A knowledge test dealing with impairment of driving performance, risk of injury, and legal consequences of DUI was given to the class participants.
  - DUI attitudes were measured by a scale developed specifically for this evaluation.
  - A reduction in repeat DUI convictions was assessed using data obtained from juvenile records.
  - Modification of DUI behavior was measured by a behavioral self report index.

**Outcomes:**
- Short Term Impact: A significant increase in DUI knowledge as a result of class participation was measured. Attitude results showed significant comparisons.
- Long Term Impact: The findings showed that class participation was associated with a substantial reduction in repeated DUI offenses.

**Maintenance:** Not mentioned

**Lessons Learned:** The findings demonstrate that the DUI education program likely had a substantial impact on reducing DUI offenses.

**Citation(s):**