

Title of Intervention: BAN "A" FALL program

Intervention Strategies: Provider Education

Purpose of the Intervention: To reduce falls among older adults through provider alerts

Population: Adults age 70 and older and their providers

Setting: Hospital; health care facility-based

Partners: None mentioned

Intervention Description:

- **Provider Education:** The intervention consisted of an 8 1/2 x 11" sign placed outside the patient's hospital room door. This sign identified that person as a high risk patient for falls. A BAN "A" FALL sticker was also attached to the back of the patient's chart and on the patient kardex. These items were labeled to increase hospital personnel awareness of a fall prone client. The BAN "A" FALL program involved personal contact with all department directors to explain the expectations that all hospital personnel were to be alert to high-risk situations or behavior and report such situations to the appropriate primary nurse. The hospital and nursing newsletters were used to communicate the implementation of the program. Periodic reminders were issued.

Theory: Not mentioned

Resources Required:

- **Staff/Volunteers:** Not mentioned
- **Training:** Not mentioned
- **Technology:** Not mentioned
- **Space:** Not mentioned
- **Budget:** Not mentioned
- **Intervention:** Signs, stickers, newsletters
- **Evaluation:** Access to patient charts

Evaluation:

- **Design:** Pre- and post-evaluation
- **Methods and Measures:** Patient falls were documented in individual charts.

Outcomes:

- **Short Term Impact:** Not measured
- **Long Term Impact:** The hospital-wide Quality Evaluation Report revealed a 50% decrease in all patient falls. The impact was maintained at two years.

Maintenance: Not mentioned

Lessons Learned: BAN "A" FALL is an example of a nursing intervention initiative. The outcome was a nursing innovation that reduced patient falls significantly.

Citation(s):

Zepp S. BAN "A" FALL: a nursing innovation to reducing patient falls. Kans Nurse. Aug 1991;66(7):13.