



Using Telehealth to Deliver Diabetes Self-Management Education

A Webinar for Clinicians & Administrators Interested in Managing People with Diabetes in Rural and Frontier Areas

Presented by the Montana & Florida Diabetes Programs and HRSA's Office of Regional Operations

Tuesday, June 21, 2016

***1:00-2:30 pm EDT (12:00-1:30 CDT)
(11:00-12:30 MDT) (10:00-11:30 PDT)***

Continuing Education Credits are available from the American Association of Diabetes Educators for nurses, dietitians, pharmacists, and certified diabetic educators.



This webinar is free, but registration is required!

Please register in advance [here](#).

Help to register? Contact eingram@hrsa.gov



Using Telehealth to Deliver Diabetes Self-Management Education

Presented by the following individuals:

Barb Holloway, RN, BSN, Billings Clinic, Billings, Montana

Kris Kilen, RD, CDE, Billings Clinic, Miles City, Montana

Mark Horn, BS, Eastern Montana Telehealth Network, Billings, Montana

Mary Ann Hodorowicz, RD, CDE, MBA, Certified Endocrinology Coder

DESCRIPTION

This webinar is designed to help you explore how telehealth may help increase access to Diabetes Self-Management Education (DSME) for your patients or for your partners and stakeholders that provide care to patients with diabetes. To help implement DSME via telehealth, it is highly important to provide information about issues key to establishing and operating distance-based DSME programs. To begin the webinar, the clinical efficacy of delivering DSME via telehealth will be presented. Fundamental considerations necessary for distance-based DSME programs to be delivered successfully at the originating and remote sites will be identified. An overview of the technological components needed to remotely link patients and providers will be provided, as well as a review of requirements regarding patient privacy standards (i.e., HIPAA) in a telehealth environment. Lastly, details regarding third-party reimbursement for telehealth DSME will be discussed, with a focus on the Medicare coverage requirements.

OBJECTIVES

After participating in this webinar, you will be able to:

- Describe what the academic literature says regarding the clinical efficacy of using telehealth to deliver DSME;
- Review key considerations at the originating and remote telehealth sites to ensure successful DSME sessions;
- Identify the basic technology and equipment needed to connect those providing DSME to their patients;
- Name the key issues that must be in place to insure that DSME telehealth is delivered in a legal, ethical, HIPAA-compliant and reimbursable way by Medicare and other third-party health insurers.

PARTICIPANTS

This webinar is for health professionals who are interested in expanding the availability of DSME programs in rural and frontier areas: diabetes educators, physicians, physician assistants, nurse practitioners, nurse midwives, nurses, social workers, and case managers, and administrators at the state and local levels or who operate in hospital and clinic systems.

PRESENTERS

Barb Holloway, RN, BSN



Barb is a research nurse clinician at the Center for Clinical Translational Research (CTR) at Billings Clinic in Billings, Montana. CTR focuses on outcomes research to advance best practices around the care of adults with chronic diseases. She was part of the Montana and Wyoming Diabetes Outreach Program - Expanding Access Through Telehealth project. Barb's professional career includes many aspects of nursing, and in her current role as a research nurse clinician, she has also written articles in peer-reviewed publications, including *Diabetes Spectrum*, and presented at national and state conferences on diabetes education and telehealth. Her current research projects include diabetes prevention, family focused treatment of obesity, and improvement of hypertension treatment in primary care. She has been active in AMGA's Measure Up Pressure Down program and the Withings Blood Pressure Monitor project.

Kris Kilen, RD, CDE



Kris Kilen has been providing medical nutrition therapy and diabetes self-management education to Eastern Montanans for over 20 years. She has successfully implemented ADA Recognized Education Programs in two rural communities, both of which function as regional hubs for individuals seeking diabetes care and education. She has expertise in quality delivery of care and education as well as program implementation and management. She is a strong supporter of team management of diabetes care, and has been a CDE for 20 years. Kris has navigated healthcare changes and delivery systems to support access to quality diabetes care and education, including telehealth and eMR patient portal access and use. As a pump and sensor trainer she has also integrated patient user tools for electronic communication within the parameters of product technology. She has been a leader in her state Coordinating Body of AADE, serving as President for two years and as web support and leadership committee for the past 6 years. Kris has lived in Eastern Montana for 25 years with her husband and three sons and has enjoyed travelling the back roads of Montana for family recreating adventures. Her family enjoys living on a small farm in the lower Yellowstone Valley. With her two oldest sons in college at Montana State University this fall, she has recently replenished her nest with 6 chickens.

Mark Horn, BS



Mark joined the Eastern Montana Telemedicine Network (EMTN) in July 2000. He has been an employee of Billings Clinic since 1989, working in several areas including the emergency department and patient accounts, and was a telemedicine site facilitator while working at the Behavioral Health Clinic. Mark serves as the lead for the overall day-to-day operation of EMTN. He is also responsible for all technical aspects of the network to include installation, maintenance, troubleshooting, and providing technical expertise and support to site facilitators. Mark is a member of the Montana Telecommunications Alliance (MTA) and the American Telemedicine Association (ATA).

Mary Ann Hodorowicz, RD, MBA, CDE, Certified Endocrinology Coder



Mary Ann Hodorowicz is an RD, CDE, and Certified Endocrinology Coder with an MBA in marketing. She is a consultant for the health, food, and pharmaceutical industries and is recognized for her expertise in multiple diabetes topics. She especially loves helping clients achieve AADE accreditation for their DSME programs with her turn-key materials. Thus, she sees herself as a “Diabetes Department Store”! Mary Ann has volunteered in many capacities within the AADE and served on the board of directors from 2013 to 2105. She has also been active on numerous committees of the Academy of Nutrition and Dietetics for over 20 years, including the task force that spear-headed the Medicare MNT benefit. Mary Ann is married and has two sons.