

THE MONTHLY CHALLENGE

WHO 
ARE
YOU???



Did you know there are physical changes in the brain when someone has dementia?

- Neurons or connections in the brain are damaged.
- The brain is not able to process information or think like it did before.
- Resident may not recognize you even though you cared for them five minutes ago.
- Imagine a stranger coming into your room to take you to the toilet...**A STRANGER!**

What do you see?

- Watch the reaction of residents who aren't greeted.
- Are they startled, scared, or resistive to care?

What next?

- Remember your manners and introduce yourself with a familiar greeting.
- Stick out your hand for a handshake, call them by name, and give them your name.

This Month's Challenge

- Greet residents who have dementia each time you interact with them.
- Write down a quick note how this has helped one of your residents feel more comfortable.

During the next staff meeting we will draw three notes. The residents and staff members will receive something special.

SEEING RESIDENTS THROUGH NEW EYES:
CARING FOR THOSE WITH DEMENTIA



CHANGING
ANTIPSYCHOTIC
THINKING

