

Join an MC5 Regional Group near you!

Regional Groups are meeting all across Missouri!

- St. Louis
- Kansas City
- Sikeston/Cape Girardeau
- Chillicothe
- Springfield
- Nevada
- Rolla
- Columbia/Jefferson City
- Macon
- St. Joseph
- Poplar Bluff
- Sedalia

Visit
www.momc5.com
for specific meeting updates and location.

Who We Represent

- Long-Term Care
- Long-Term Care Provider Organizations
- State and Federal Regulatory Organizations
- Hospice
- Hospitality and Food Service Industries
- In-home Care Agencies
- Ombudsman
- Private Businesses and Consultants
- Quality Improvement Organizations
- Senior Advocates
- Adult Daycare

To learn more and to find out how you can get involved in MC5, please visit us at www.momc5.com.



Changing the Culture of Aging Across Missouri



MC5's Mission

To promote and support ongoing collaboration within the adult care continuum to create environments where the dignity and value of each individual who lives or works there is respected and celebrated.

The mission will be accomplished through two key activities:

Communication:

Share and advance the philosophy and vision of person-directed care, its importance in the daily lives of individuals, and the efforts being made by individuals and organizations to achieve it; to provide a strong network of support for the adult care continuum.

Education:

Provide, promote, and support educational opportunities, resources, methods, and strategies to achieve the vision.



Pioneer Network's State Coalition

What is Culture Change

“Culture change” is the common name given to the national movement for the transformation of older adult services, based on person-directed values and practices where the voices of elders and those working with them are considered and respected. Core person-directed values are choice, dignity, respect, self-determination and purposeful living.

Culture change transformation supports the creation of both long and short-term living environments as well as community-based settings where both older adults and their caregivers are able to express choice and practice self-determination in meaningful ways at every level of daily life.

Culture change transformation may require changes in organization practices, physical environments, relationships at all levels and workforce models – leading to better outcomes for consumers and direct care workers without inflicting detrimental costs on providers.

Pioneer Network. (2013, April 11). Retrieved from <http://www.pioneernetwork.net/CultureChange/>.

Culture change is not a cookie cutter approach. The “culture” of a home, regardless of its setting, is determined by the individuals who live and work there. The intent is to make the continuum of adult care services responsive to individual persons’ needs in environments where they can thrive rather than simply exist. In transformed environments, individuals have the ability to make choices and have an improved quality of life. Caregivers are empowered to listen to elders and to provide care that honors and respects each individual’s choices.

Why Join MC5

- Network and build relationships with others who are on their culture change journey
- Receive education and training at regional meetings in your area
- Access the MC5 website for culture change information, activities and practices taking place in Missouri and beyond
- Access the MC5 lending library for FREE, to borrow resources to help organization on their culture change journey
- Receive the MC5 newsletter and emails via our listserve with the latest culture change news and information about upcoming trainings and activities
- Share your experiences and help others on their culture change journeys
- Get involved and strengthen the voice of culture change and person-centered care in Missouri

**GET INVOLVED.
BE INSPIRED.
JOIN MC5.**