

# well-being for all: living with dementia beyond drugs



Thursday, October 3  
6-7:30 p.m.  
Ethical Society of St. Louis

9001 Clayton Road  
St. Louis, MO 63117

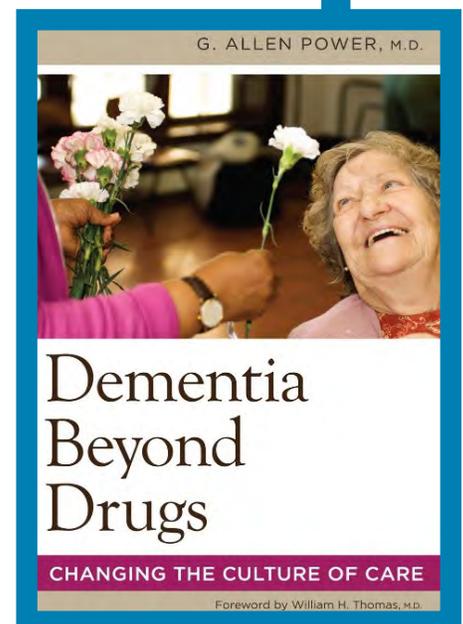
Book Signing 5 p.m.  
Program 6 p.m.

The recent controversial issue involving the use of drugs for behavior management of people living with dementia is the next topic in the ongoing Bethesda and Alzheimer's Association Caregiver Education Series.

Join **Dr. G. Allen Power**, internationally acclaimed gerontologist, author and Associate Professor of Medicine at the University of Rochester, as he discusses ways to embrace current alternative practices, other than the use of medication, and addresses the most common challenges facing individuals living with dementia and their caregivers, including how to:

- overcome communication challenges
- minimize anxiety and depression
- root out the causes of wandering
- gain insights into paranoia and delusional thinking

This program is free, but limited to the first 250 registrants. For more information or to register, visit [www.alz.org/stl](http://www.alz.org/stl) or call 800.272.3900.



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