



## New Dining Practice Standards

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## Introduction

Malnutrition is *one of the most serious problems facing health professionals in long term care.*

*It has been found that most residents with evidence of malnutrition were on restricted diets that might discourage nutrient intake.*

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## Creating Home II National Symposium on Culture Change and the Food and Dining Requirements (2010)

- CMS
- Pioneer Network
- American Health Care Association
- Rothschild Foundation

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### Food and Dining Clinical Standards Task Force

- CMS
- US Food and Drug Administration
- Centers for Disease Control and Prevention
- Standard Setting Groups

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### Food and Dining Clinical Standards Task Force

*Goal Statement: Establish nationally agreed upon new standards of practice supporting individualized care and self-directed living versus traditional diagnosis-focused treatment.*

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### New Dining Practice Standards completed in August 2011

Standards reflect evidence-based research and include:

- Basis in Current Thinking and Research
- Relevant Research Trends
- Recommended Course of Practice

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## New Negative Outcome

*Not supporting individualized care and a person's choice, not supporting "the right to folly," causes learned helplessness, depression, learned dependency, even bringing death earlier. We have not intended harm with our good intentions, but we are creating it.*

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## Patient Rights and Informed Consent/Refusal Across the Healthcare Continuum

Four-Topic Approach to Decision Making

- Medical Indications
- Patient Preference
- Quality of Life
- Contextual Features

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## The Bottom Line

Individualized care

Informed choices should be honored

All decisions default to the person

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## Organizations Agreeing to the New Dining Practice Standards

- American Association for Long Term Care Nursing
- American Association of Nurse Assessment Coordination
- American Dietetic Association
- American Medical Directors Association
- American Occupational Therapy Association
- American Society of Consultant Pharmacists
- American Speech-Language-Hearing Association
- Dietary Managers Association
- Gerontological Advanced Practice Nurses Association
- Hartford Institute for Geriatric Nursing
- National Association of Directors of Nursing Administration
- National Gerontological Nursing Association

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## Now What?

Regulations require that residents choices be sought and honored and that services provided or arranged by the facility meet professional standards of quality.

CMS is currently developing a video to introduce the New Dining Practice Standards to surveyors. It is anticipate to be released around the end of June, along with a Survey and Certification letter.

Watch SLCR Blog/listserv for additional information as it is released.

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## New Dining Practice Standards

<http://www.pioneernetwork.net/Data/Documents/NewDiningPracticeStandards.pdf>

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