



NAHCA Vice Chair Donna Adair



MC5 West Central Meeting Attendees

Missouri's culture change coalition, Missouri Coalition Celebration Care Continuum Change (MC5), offers many resources and opportunities to help you and your home on your culture change journey. There are 11 regional MC5 groups that meet regularly around the state, so there is likely one within a short driving distance from you. Typically, there is a special speaker, webinar, or video that addresses a culture change topic followed by open discussion among the attendees.

In December 2012, along with 41 others, I attended a West Central group meeting held at the Sedalia Methodist Church Celebration Center. National Association of Health Care Assistants (NAHCA) Vice-Chair Donna Adair shared her inspiring story of rising to leadership in her role as a CNA at the Warrensburg Veterans' Home. Using the acronym OLIVE, she challenged the rest of us to overcome whatever is holding us back from being the best we can be.

"An olive branch is a symbol of peace, wisdom, and glory" and "Olives are one of the most extensively cultivated crops in the world." She challenged all of us to not only become an olive but cultivate others to become olives too.

Overcome

Lead

Inspire

Validate

Encourage

Hopefully Ms. Adair will share her presentation at other MC5 events in the future. To learn what MC5 is doing in your area, visit www.momc5.com. I hope to see you there!