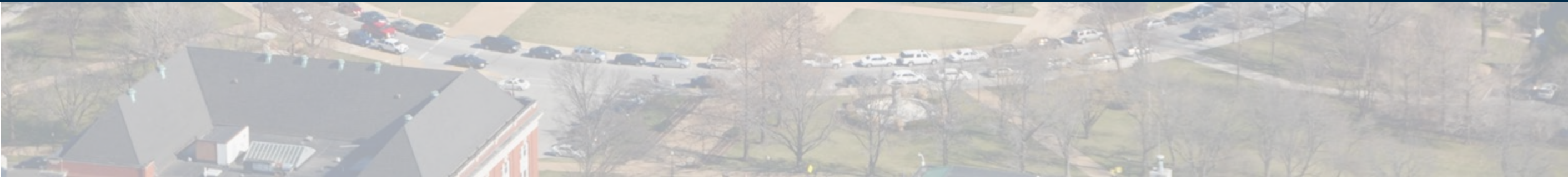




Master Plan on Aging: Whole Person Health Subcommittee

Subcommittee Kick-Off Meeting (May 10, 2023)



Agenda

Topic	Slide
Introduction of co-chairs and subcommittee members	2
Introduction to the Missouri Master Plan on Aging	5
Whole Person Health Subcommittee's Work in Year One	10

Introduction of the Co-Chairs and Subcommittee Members

Chair

Dr. Jacqueline Miller, DDS, MS, MPH

Dr. Miller was named the Missouri State Dental Director in August 2022. She practiced orthodontics for nearly 30 years in Washington, Missouri. Dr. Miller has served in multiple leadership positions in the American Association of Orthodontists and was the first woman to hold the office of President of the Midwestern Society of Orthodontists. She has an extensive career of leadership, advocacy for dentistry and volunteerism both in Missouri and abroad. Dr. Miller has made 25 dental mission trips and participated in Give Kids a Smile and Missouri Mission of Mercy.

As the Missouri State Dental Director, Dr. Miller is promoting an increase in the Preventive Services Program, which provides varnish applications, dental screenings, and education and referrals for thousands of Missouri children. The Office of Dental Health provides education about the relationship between oral health and overall health as well as the prevention of dental disease. Dr. Miller is working for all Missourians to experience better oral health.

Dr. Miller graduated with distinction from the University of Missouri at Kansas City School of Dentistry and received a Master of Science and Certificate in Orthodontics at the University of Nebraska Medical Center College of Dentistry. In July 2022, she earned her Master of Public Health degree from A.T. Still University of Health Sciences.

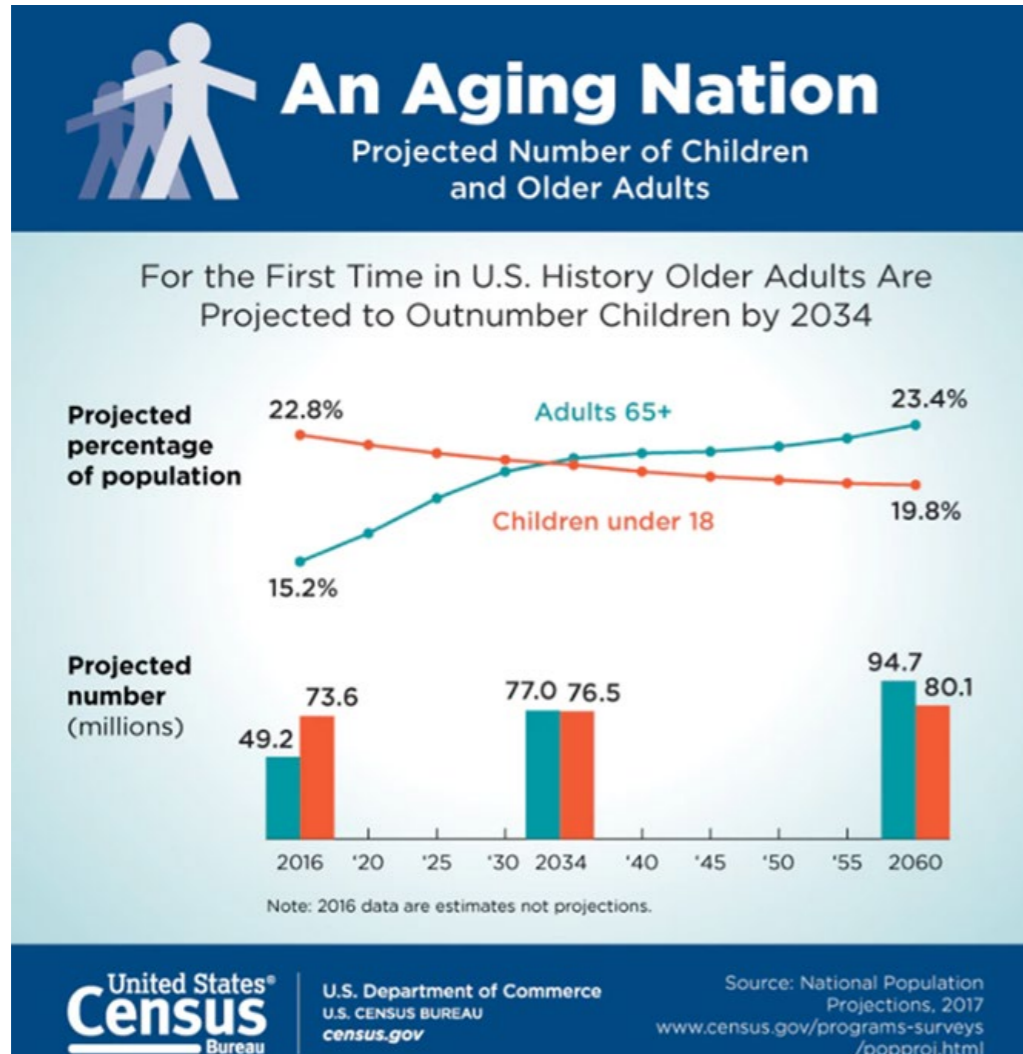
Subcommittee Membership

Dr. Joyce Balls-Berry, Washington University of St. Louis
Jessica Bax, DMH Developmental Disabilities
Nora Bock, DMH Behavioral Health
Jessica Bounds, DMH
Jennifer Carter Dochler, Missouri Foundation for Health
Jill Cigliana, Memory Care Home Solutions
Alyssa Curran, Missouri Foundation for Health
Leslie DeGroat, DMH
Kevin Drollinger, Provident Behavioral Health
Melody Elston, Mid-America Regional Council
Theresa Etters, Care Connection for Aging Services
Amanda Fahrendorf, DSS Medicaid
Dr. Jeremy Fast, Optometric Association
Matt Finton, DHSS Division of Cannabis Regulation
Maggie Grotefendt, American Cancer Society
Lindsey Haslag, MO Primary Care Association
Kelsey Hussey, Healthy Blue Missouri
Anam Khan, Missouri Foundation for Health
Laura Kozeny-Fraser, Home State
Derek Landes, Missouri Rural Health Association
Lin Lewis, InvoBH
Heidi Lucas, Missouri Nurses Association
Kay Malmquist, Missouri Council of the Blind
Yvonne Matthews, Paula J Carter Center for Minority Healthy Aging

Jordanna McLeod, DHSS Bureau of Senior Programs
Dr. Heidi Miller, DHSS Chief Medical Officer
Patricia Miller, Oasis
Rebecca Nowlin, Aging Best Area Agency on Aging
Rachel Proffitt, University of Missouri
Desma Reno, Constituent
Jeff Richards, Washington County SB40 Board
Jaque Sample, Missouri Occupational Therapy Association
Jennifer Schneiders, Missouri Physical Therapy Association
Juliet Simone, Oasis
Angel Surdin, DHSS Office of Minority Health
Mike Sutherland, Department of Natural Resources
Heather Swymeler, Access II Independent Living Center
Frank Taylor, Mary's Braille Transcribing Services
Donna Thompson, SEMO Alliance for Disability Independence, Inc. (SADI)
Mindy Ulstad, DHSS Bureau of Senior Programs
Karen Wallace, DHSS
Kelsey Weitzel, Show Me Falls Free Missouri
Julie Weng, Centene
Melissa Wilkinson, DHSS LTSS Brain Injury Waiver
Angela Williams, Health Forward
Shelia Wright, National Federation of the Blind of Missouri
Bradley Jackson, MO Hearing Society

Introduction to the Missouri Master Plan on Aging (Why are we here?)

Background



- Missouri seniors age 60+ make up 24.39% of the population
- By 2034, Missouri seniors will make up more than 25% of Missouri's population (for the first time there will be more older adults than individuals younger than 18 years of age).
- This gap will continue to widen as the population continues to age with Missouri seniors predicted to greatly outnumber children by 2060.

What is a Master Plan on Aging

A Master Plan on Aging is a living document that:

- Provides a clear framework to plan for ten years or more;
- Enables governors to communicate a clear vision and priorities for their state;
- Guides state and local policies of public and private programs toward aging with dignity;
- Reflects extensive input from the community, including people of all ages and abilities; and
- Allows the state to allocate funding or resources to implement initiatives from the Master Plan vs. reacting to individual stakeholder needs

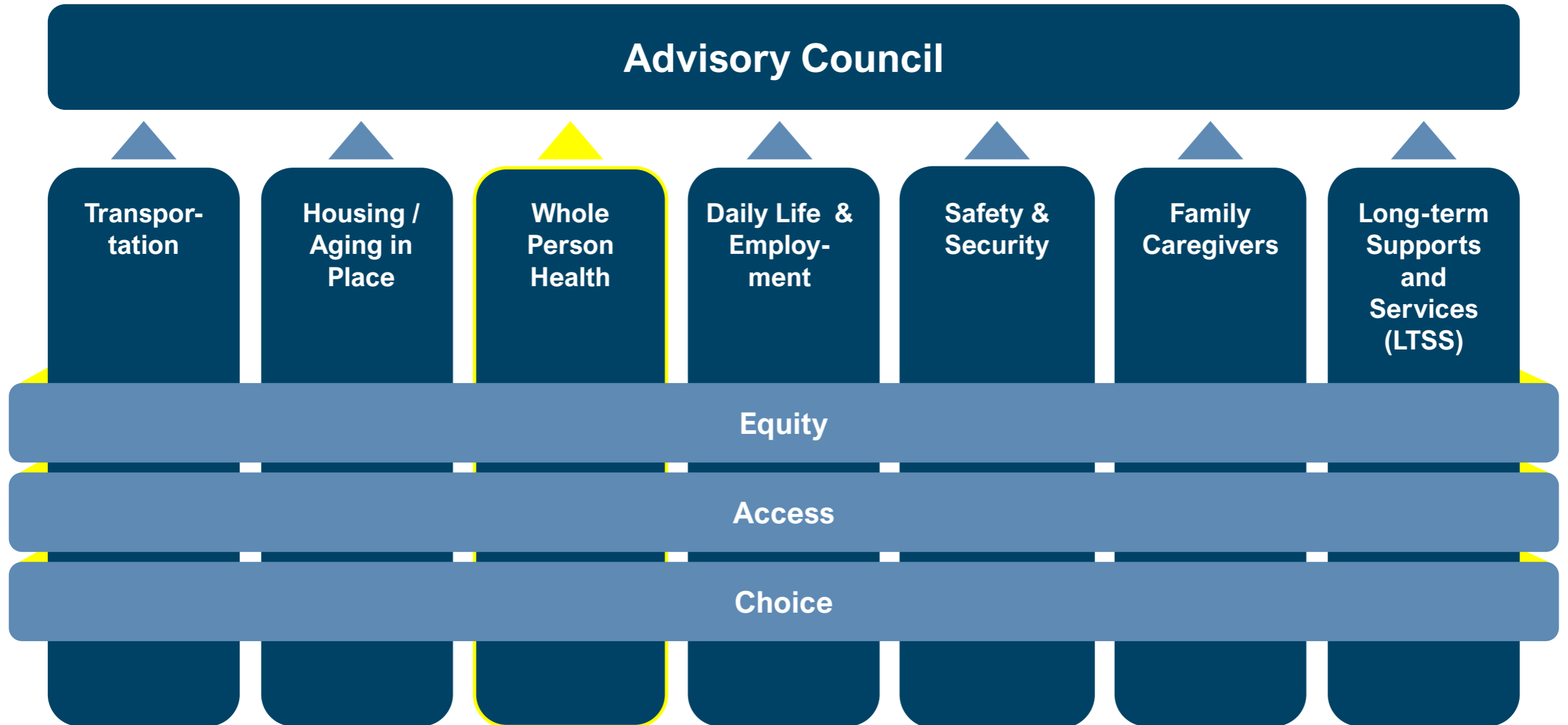
Start with Why

- WHY: We all deserve to age with independence and dignity
- HOW: Deep engagement with Missourians across the state
- WHAT: 10 Year Master Plan on Aging



The Golden Circle (Simon Sinek)

Advisory Council and Subcommittees



Whole Person Health's Work in Year One:
Understanding Vulnerabilities, Making Recommendations

Understanding Vulnerabilities, Making Recommendations

During the first year, the Whole Person Health Subcommittee will work to identify:

- What is Whole Person Health? What should it include?
- What baseline data / research / assessments are available (or should be available)?
 - Dental care
- What is working well that we should expand upon? What programs are working well?
 - Show Me Healthy Women (DHSS)
 - WISE Women: Well Integrated Screening and Evaluation for women across the nation
 - Alternatives for men? Screening to healthy lifestyles (male equivalent)
- What gaps and opportunities exist?
- Based upon this learning, what does the committee recommend?

Oral Health of Older Adults

Adults at Missouri's Senior / Nutrition Centers

- 296 participants 60-96 (mean = 74) at 24 senior or nutrition centers
- 52% of people with severe tooth loss (fewer than 20 teeth remaining)
- 23% of people with no natural teeth

Adults Living in Missouri's Skilled Nursing Facilities

- 253 participants 60-100 (mean = 76) in 22 skilled nursing facilities
- 74% of people with severe tooth loss (fewer than 20 teeth remaining)
- 39% of people with no natural teeth

Insurance?

- Medicare does not cover most dental care
- Medicaid only covers a limited number of dental services and does not provide dentures after teeth are removed

Next Steps

- Future Meetings
- Co-chair TBD
- Action Items
 - What programs are out there to address Whole Person Health?