Daily Life & Employment Subcommittee
April 11, 2023
1:30 pm-2:30 pm

Attendance:
David Baker
Alyssa Bish
Greg Burris
Jordan Carr
Beth Dauber
Kristin Davis
Charlotte Foust
Karen Klenke
Justin Logan
Stephanie McCreary
Nancy Morrow-Howell
Dave Sapenaro
Wilma Schmitz
Duane Shumate
Cindy Bratcher for Michael Stopka, Young at Heart (AAA)
LaDella Thomas
Mindy Ulstad (not a member)
Jake Luebbering (Not a member)
Beth Brown, Co-Chair
Leroy Wade, Co-Chair
Laura Newland, Facilitator

Introduction of Subcommittee meeting; introduction of co-chairs. Subcommittee members and attendees introduced themselves. Facilitator Laura Newland introduced herself and her role. Laura walked through Master Plan on Aging, and how DLE subcommittee is one of 7 subcommittees that will report to the Advisory Council. Committee members have been asked to participate as "subject matter experts" over a 3-year period.
Subcommittee asked to think about "Equity", "Access", and "Choice" for older Missourians related to employment as well as daily life.

Discussion/comments from members/attendees about what they believe is important to consider:
- Need to focus on paid employment—don't have enough assets to retire comfortably; volunteerism is great, but economic composition will change dramatically
- WIOA board (combined plan); collecting survey responses on employment and challenges people are facing through end of April; will share with subcommittee
- Employment is priority
- Need to find a method of sharing information to as many people as possible
- These areas correlate with mental health—vocational and avocational (includes engagement with other community-based activities)
- Keep in mind that people with very limited income can lose benefits with paid employment
- Digital skills; adaptive technologies; inventory of services and other things that are available
- Clarification on what the "daily life" component entails
  - Examples such as civic engagement, volunteerism, and voting

- Benefits education is critical—a lot of misinformation and myths about retaining Medicaid, Medicare, and SS benefits
- If pay is good enough, benefits issues will be minimized; goal is well paying and meaningful work
- DMH and VR cost share on a "MO DB101" site to help navigate processes with benefits and also building a tiered approach to education on benefits management: DB101 Missouri - Home; will calculate how earned income may/not impact benefits

Discussion of first year priorities and work to identify community, focus on subcommittee, gaps, recommendations:
- Need to understand gaps and where help would come from—who's best situated to best resolve gap
- Per Mindy Ulstad: each department is providing list of programs; would like each subcommittee to identify programs that aren't in state agencies
- May want to use a "group visioning exercise"—what does success look like?
  - Need someone to facilitate
- There will be overlap of topics between our subcommittee and the other 6, however no duplication

Subcommittee logistics discussion:
- Advisory Council to meet quarterly; discussion of this group to meet monthly, quarterly, etc—what makes the most sense? Some members suggested monthly initially until we get going; others suggested meeting less often but using a communication tool such as SLACK to stay in touch in between
- Members landed on meeting in a month and possibly monthly the first few months. After that the subcommittee to meet quarterly but developing work groups within this subcommittee that might meet more frequently
- Need to determine work groups
- Most members voted for 1-hour length of time for subcommittee meetings
- Continue virtual meetings for now due to geography of subcommittee members; look at possibly in person if needed for critical meetings from time to time
- Asked members/attendees to send suggestions prior to next meeting

Next steps:
- Co-chairs will send out today's power point, meeting minutes/notes, and Employment Survey from Justin to group
- Look for calendar invitation for next subcommittee meeting