

# ANYONE CAN GET MPOX

FROM HAVING CLOSE OR INTIMATE CONTACT  
WITH SOMEONE WHO HAS MPOX OR MATERIALS  
CONTAMINATED WITH THE MPOX VIRUS



## How is mpox spread?

Mpox can spread when a person has close contact with a person infected with mpox virus or when a person comes in contact with materials (e.g., bedding, towels) that are contaminated with the virus.

## The mpox virus can spread by:

- Touching mpox lesions on a person's skin.
- Touching contaminated objects, fabrics (clothing, bedding, towels) and surfaces that have been in contact with someone with mpox.
- Coming into contact with respiratory droplets or secretions from the eyes, nose and mouth from a person with mpox.

## To prevent the spread of the mpox virus, you should avoid:

1

### **CLOSE CONTACT WITH SOMEONE WITH MPOX**

Including hugging, massaging, kissing or talking closely.

2

### **SEX WITH SOMEONE WITH MPOX**

Including oral, anal and vaginal sex, or touching the genitals or anus region.

3

### **SHARING OBJECTS WITH SOMEONE WITH MPOX**

Including touching shared fabrics, shared surfaces and clothing.