



WISEWOMAN Program
Gateway Region YMCA's Diabetes Prevention Program Referral Form

The YMCA's Diabetes Prevention Program helps adults at high risk for developing type 2 diabetes adopt and maintain healthy lifestyles by eating healthier, increasing physical activity and losing a modest amount of weight in order to reduce their chances of developing the disease.

Date of Referral: _____

Referring Agency Name: _____

Contact Person: _____ Phone: _____

Fax: _____ Email: _____

Client Information _____

Name: _____

A1C/Blood Glucose: _____ BMI: _____ DOB: _____

Phone: _____ Email: _____

Best Time to Contact: _____

Complete and fax referral forms to:
Erin Kelly
WISEWOMAN Education Coordinator
Fax: 573-522-2898

