

# Appendix A

## Minimum Missouri WIC-Approved Stocking Requirements

### Tier 1

Refer to the WICShopper App and Minimum WIC-Approved Stocking Requirements for WIC-Approved foods and where to place Missouri WIC Shelf Tags. Missouri authorized retailers must have the following items in stock in specified quantities to meet the WIC requirements.

Food Item	Minimum Requirements
Infant Formula: Powdered formula in specific sizes	
<b>Similac Advance</b> – 12.4 oz. <b>Similac Sensitive</b> – 12.4 oz. <b>Similac Total Comfort</b> – 12.4 oz. <b>Similac Soy Isomil</b> – 12.4 oz. <b>Similac for Spit-Up</b> – 12.4 oz.	12 cans total (one (1) variety or in any combination of one (1) or more of the varieties listed)
Infant Food - Fruit	
<b>Gerber, Tippy Toes, &amp; Beach Nut</b> Jars, Twin packs, and Variety packs	Three (3) varieties and a total of 18 containers
Infant Food - Vegetable	
<b>Gerber, Tippy Toes, &amp; Beach Nut</b> Jars, Twin packs, and Variety packs	Three (3) varieties and a total of 18 containers
Infant Meat	
<b>Gerber, Tippy Toes, &amp; Beach Nut</b> 2.5 oz., Variety & Multiple packs Beef, Ham, Chicken, & Turkey	Upon request
Infant Cereal	
<b>Gerber &amp; Beach Nut</b> 8 oz. or 16 oz.	One (1) variety and six (6) containers
Juice	
<b>Any Approved Brand</b> 64 oz.	Three (3) flavor varieties and 12 containers total
Cereal – Cold	
<b>Any Approved Brand</b> 12 oz. – 36 oz. box or bag	Three (3) varieties and 18 boxes, bags, or a combination total; at least one (1) variety must be a whole grain
Cereal - Hot	
<b>Any Approved Brand</b> 11.8 oz. – 36 oz.	One (1) variety and six (6) boxes, bags, or a combination total



## Minimum Missouri WIC-Approved Stocking Requirements Tier 1 (continued)

<i>Food Item</i>	<i>Minimum Requirements</i>
<b>Fish</b>	
<b>Tuna</b> 5 oz. can or multiple packs – Water only <b>Sardines</b> 3.75 oz. can or multiple packs Water, Tomato, or Mustard Sauce <b>Salmon</b> 5 oz. can – Water only	One (1) variety of fish and 12 cans total
<b>Beans</b>	
<b>Canned</b> 15 oz. or 16 oz. can	Two (2) varieties and 24 cans total
<b>Dried</b> 16 oz. or 32 oz. bags	Two (2) varieties and six (6) packages total
<b>Peanut Butter</b>	
<b>Creamy or Crunchy</b> 16 oz. or 18 oz. – Any Approved Brand	One (1) variety and six (6) jars total
<b>Bread, Pasta, Tortillas, &amp; Rice</b>	
<b>Whole Grain &amp; Whole Wheat Bread</b> 12 oz., 16 oz. 20 oz. or 24 oz. – Any Brand	Two (2) of the four (4) whole grain types and six (6) units total
<b>Whole Wheat Pasta</b> 12 oz. or 16 oz. box/package – Any Brand	Two (2) of the four (4) whole grain types and six (6) units total
<b>Soft Corn &amp; Whole Wheat Tortillas</b> 12 oz. or 16 oz. – Any Brand	Two (2) of the four (4) whole grain types and six (6) units total
<b>Brown Rice</b> 14 oz. box (instant), 16 oz., or 32 oz. package Store Brand	Two (2) of the four (4) whole grain types and six (6) units total
<b>Cheese</b>	
<b>Store Brand</b> 8 oz., 16 oz., 32 oz. block, shredded, sliced, string/sticks, or bars	Three (3) varieties and nine (9) pounds total
<b>Yogurt</b>	
<b>Any Brand</b> 32 oz., multiple packs (totaling 16 or 32 oz.) Any flavor and Greek	Upon Request
<b>Eggs</b>	
<b>Any Brand</b> Large/Medium – A or AA Brown or White – 1 Dozen	12 dozen total

## Minimum Missouri WIC-Approved Stocking Requirements Tier 1 (continued)

<i>Food Item</i>	<i>Minimum Requirements</i>
<b>Tofu</b>	
<b>Azumaya or Nasoya</b> 16 oz.	Upon Request
<b>Milk</b>	
<b>Whole</b> Gallon, Half Gallon or Quart – Any Brand	Six (6) gallons total
<b>Skim, Low-Fat 1%, &amp; Reduced-Fat 2%</b> Gallon, Half Gallon, or Quart – Any Brand	Six (6) gallons total
<b>Cultured Buttermilk</b> Half Gallon or Quart	Upon Request
<b>Dry Nonfat</b> 1lb. 9.6 oz. or 25.6 oz. package (makes 8 quarts) 9.6 oz. package (makes 3 quarts) Store Brand	Upon Request
<b>Evaporated</b> 12 oz. – Store Brand	Upon Request
<b>Lactose-Free</b> Whole, 2%, 1%, & Skim Half Gallon & Multiple Packs – Any Brand	Upon Request
<b>Goat</b> Evaporated 12 fl. oz., Powdered 12 oz., and Fluid 1 quart – Any Brand	Upon Request
<b>Soy</b> Half Gallon – Original & Vanilla Approved Brands	Upon Request
<b>Frozen Juice</b>	
<b>Frozen Juice Concentrate</b> 11.5 fl. oz. or 12 fl. oz. – Approved Brands	Two (2) flavor varieties and 12 containers total
<b>Frozen Fruit &amp; Vegetables</b>	
<b>Frozen Fruit</b> Any package size – Any Brand	Two (2) varieties
<b>Frozen Vegetable</b> Any package size – Any Brand	Three (3) varieties
<b>Fresh Fruit &amp; Vegetables – MAKE SURE THESE ARE MAPPED</b>	
<b>Fresh Fruits</b> Any package size – Any Brand	Five (5) varieties
<b>Fresh Vegetables</b> Any package size – Any Brand	Five (5) varieties