

Department of Health & Senior Services Commodity Supplemental Food Program for Seniors

The Commodity Supplemental Food Program (CSFP) provides nutritious food packages to eligible seniors each month. CSFP food packages do not provide a complete diet, but do provide good sources of the nutrients typically lacking in diets of the senior population. These include vitamins A and C, calcium, and iron.



How do seniors qualify?

If you are age 60 or older, a Missouri resident, and are at or below 130% of the Federal Poverty Guidelines, you are eligible to participate in CSFP.

What does the CSFP provide?

A monthly food package worth about \$50.00, consisting of canned fruits, vegetables, and meat; cheese; cereal and grain products; and milk products.

What will I need to get signed up?

Proof of residence (an I.D. with current address) and proof of age (a birth certificate). A driver license can be used for proof of address and age.

Where do I go?

Call 800-733-6251 or visit www.health.mo.gov/csfp for a site near you.

Commodity Supplemental Food Program
Your “key” to good health.

This institution is an equal opportunity provider.