

**Title 19—DEPARTMENT OF HEALTH AND SENIOR SERVICES**  
**Division 15—Division of Senior and Disability Services**  
**Chapter 7—In-Home Service Standards**

**PROPOSED AMENDMENT**

**19 CSR 15-7.005 Definitions.** The department is deleting sections (1), (2), (15), (17), (23), (24), and (28) – (31); adding new sections (1), (9), and (21); amending sections (4) – (9), (11), (12), (14), (19), (21), (22), and (25) – (27); and renumbering accordingly.

*PURPOSE: This amendment updates defined terms.*

*[(1) Access services—A category of services which facilitates access to and utilization of other services. Access services may include transportation, outreach, case management, and information and assistance.]*

**(1) Area Agency on Aging—The agency designated by the division in a planning and a service area to develop and administer a plan and administer available funds for a comprehensive and coordinated system of services for older adults and adults with disabilities who require similar services.**

*[(2) Assisted transportation—A service which provides assistance, including escort, to a person who has difficulties (physical or cognitive) using regular vehicular transportation.]*

**[(3)](2) Case management—A service which ensures that individuals with chronic or acute care needs are assessed and provided with a comprehensive and coordinated service program designed to meet those assessed needs.**

**[(4)](3) Caterer—A restaurant, hospital, school or commercial organization which prepares meals under contract [(usually a fixed price per meal contract)].**

**[(5)](4) Center—Any facility regardless of terminology used, that is, senior center, congregate nutrition center, nutrition site, supportive services center, satellite center or site or multipurpose senior center, that is utilized to provide one (1) or more services to older [persons] **adults.****

**[(6)](5) Congregate nutrition services—The provision of nutrition services to older [persons] **adults in a congregate or group setting**[an approved center].**

**[(7)](6) Contributions—Money or [food stamps (for meals only) given voluntarily and confidentially toward the cost of a service received] **Supplemental Nutrition Assistance Program (SNAP) (for meals only) given voluntarily and confidentially toward the cost of a service received.****

**[(8)](7) Division—The Division of [Aging of the Missouri Department of Social Services] **Senior and Disability Services of the Missouri Department of Health and Senior Services.****

**[(9)](8) [Economic need, greatest] **Greatest economic need—The need resulting from an income level at or below the poverty [threshold established by the Office of Management and Budget]line.****

**(9) Greatest social need**—The need caused by non-economic factors, including disability; language barriers; and cultural, social, or geographic isolation, including isolation caused by racial or ethnic status, which restrict the ability of an individual to perform normal daily tasks and/or threatens the capacity of the individual to live independently.

(10) Follow-up—Recontacting the inquirer or agency/organization to whom the referral was made to assure if contact was made or if further services are required.

(11) Frail elderly—Older *[persons]* **adults** having a physical or mental disability, including having Alzheimer's disease or a related disorder with neurological or organic brain dysfunction, that restricts the ability of the individual to perform normal daily tasks or which threatens the capacity of the individual to live independently.

(12) Home and *[c]*Community **Based** *[s]*Services—services offered to eligible adults in a non-institutional setting.

(13) Homebound—One who is confined to the home because of illness or incapacitating disability.

(14) Home-delivered nutrition services—Nutrition services delivered to *[homebound or otherwise isolated]* eligible recipients in their homes.

*[(15) Information and assistance—Providing a prompt, accurate and pertinent response to an inquiry, which may include directing the person to the appropriate resource.]*

*[(16)]* **(15)** Low-income—Persons whose annual income is at or below the poverty threshold established by the Office of Management and Budget.

*[(17) Meal pattern—A meal consisting of three (3) ounces of meat or meat alternate, two (2) or three (3) kinds of vegetables and fruits to total one (1) cup serving, one (1) serving of enriched or whole grain bread or alternate, one (1) teaspoon of butter or fortified margarine, one-half (1/2) cup dessert and one (1) cup of milk.]*

*[(18)]***(16)** Minority—Individuals of the following racial/ethnic compositions: American Indian/Alaskan Native; Asian/Pacific Islander; Black, not of Hispanic origin; or Hispanic.

*[(19)]***(17)** Multipurpose senior center—A community or neighborhood facility for the organization and provision of a broad spectrum of services which shall include, but not be limited to, provision of health, including mental health, social, nutrition and educational services and the provision of facilities for recreational activities for older *[persons]* **adults**.

*[(20)]***(18)** Nutrition services—Provision of congregate or home-delivered meals, or both.

*[(21)]***(19)** Older *[person]* **adult**—A person sixty (60) years of age or older.

*[(22)]***(20)** Outreach—*[A service within the access category involving a first time individualized*

*face-to-face contact initiated by the area agency or service provider to identify the un-served elderly population, inform them of available community resources and, if appropriate, assist them in gaining access to needed services]* **Intervention with individuals initiated by an agency or organization for the purpose of identifying potential participants (or their caregivers) and encouraging their use of existing services and benefits.**

**(21) Participant – An eligible individual who receives one (1) or more services.**

*[23 Potentially hazardous food—Any perishable food which consists in whole or in part of milk or milk products, eggs, meat, poultry, fish, shellfish or other ingredients in a form capable of supporting rapid and progressive growth of infectious or toxigenic microorganisms. The term does not include foods which have a pH level of four and six-tenths (4.6) or below.*

*(24) Principles of menu planning—Planning menus to provide variety in food selection, preparation, texture, shape and size of food and compatibility in food flavors and colors.]*

*[(25)]***(22) Public [information] education**—Provision of information to the public where seniors gain access to area agency **on aging** services or the information meets a need of the elderly.

*[(26)]***(23) Senior center**—A facility *[providing nutrition services and a variety of supportive services to older [persons]***adults.**

*[(27)]***(24) Service provider**—Any agency which contracts with the Missouri *[Division of Aging]***Department of Health and Senior Services; Department of Social Services, Missouri Medicaid Audit and Compliance;** or an *[A]*area *[A]*agency on *[A]*aging to provide services directly to older *[persons]***adults.**

*[(28) Service recipient—An eligible individual who receives one (1) or more services.*

*(29) Social need, greatest—The need caused by noneconomic factors which include physical and mental disabilities, language barriers, and cultural, social or geographical isolation including that caused by racial or ethnic status which restricts an individual's ability to perform normal daily tasks or which threatens the capacity to live independently.*

*(30) Supportive program—A set of services consisting, at a minimum, of the categories of access, in-home, legal and ombudsman.*

*(31) Supportive service center—A facility providing only activities and supportive services, but no nutrition services.]*

*[(32)]***(25) Volunteer**—A person, other than staff or Senior Community Service Employment Program (SCSEP) enrollees, who contributes personal service.

*AUTHORITY: section [660.050, RSMo Supp. 1999]192.2000, RSMo 2016.\* Original rule filed Jan. 6, 1986, effective April 30, 1986. Amended: Filed Feb. 17, 1988, effective June 15, 1988. Amended: Filed June 3, 1991, effective Oct. 31, 1991. Amended: Filed May 12, 2000, effective Nov. 30, 2000. Moved to 19 CSR 15-7.005, effective Aug. 28, 2001.*

*\*Original authority: 660.050, RSMo 1984, amended 1988, 1992, 1993, 1994, 1995.*

*PUBLIC COST: This proposed amendment will not cost state agencies or political subdivisions more than five hundred dollars (\$500) in the aggregate.*

*PRIVATE COST: This proposed amendment will not cost private entities more than five hundred dollars (\$500) in the aggregate.*

*NOTICE TO SUBMIT COMMENTS: Anyone may file a statement in support of or in opposition to this proposed amendment with the Missouri Department of Health and Senior Services, Division of Disability and Senior Services, Melanie Highland, Division Director, PO Box 570, Jefferson City, MO 65102-0570. Telephone: (573) 526-3626. E-mail: [LTSS@health.mo.gov](mailto:LTSS@health.mo.gov). To be considered, comments must be received within thirty (30) days after publication of this notice in the **Missouri Register**. No public hearing is scheduled.*