

# Transcript

February 22, 2024, 8:05PM

🕒 **Rosenzweig, Stacey** started transcription

TC **Toni Cousins** 0:06

What we're working on now to kind of elevate what we're trying to do for the next few years for the next, which we're what we're doing is it goes to the Missouri Department of Aging, the RA agent plan.  
And I'm sorry that I said one more second.  
One has to be.

👤 **Christian's recorder by Rewatch** joined the meeting

TC **Toni Cousins** 1:01

I'm sorry I can't get it to share how wonderful because I'm on my phone, so I'll actually try to get it to everyone and the email from this link, but it's actually just going over.  
Like I said, the that's your healthy.  
It is the California plan and what they did was kinda came up with gold for the 2030 thousand for all ages and stages and it's a very interesting plan, but it's it's kind of doing a a forecasting for how they want to do the engagement.  
So we will basically be going that information that we hope to get from each one of the Community engagement meetings that we're gonna be working on and coming up with different strategies as to how we will kind of pull all that information together and lay out achieve your plan pretty much what we've been talking about for the last couple of 6 to 8 months on how we've been working on this.  
So taking the recommendations that we have and getting input from each other, community engagement meeting and kind of putting a long term, this strategic plan into place except.

👤 **Rachel Ohlhausen** left the meeting

**UM** **Ulstad, Mindy** 2:33  
Thanks Rachel.

**TC** **Toni Cousins** 2:42  
OK.  
I'm sorry guys.  
Did you guys hear anything that I said?

**UM** **Ulstad, Mindy** 2:49  
Nonetheless, few minutes.  
The last I heard you talking about was the UM, California master plan on aging and their goal for 2030.  
Yeah, we can't hear you at all right now, Tony, you're you're muted right now.

**TC** **Toni Cousins** 3:07  
We're going to take that plan and I'll send it and make sure I get a copy of that plan for you guys and just see what it looks like.  
I'm I so apologize.  
I didn't wanna cancel the meeting.  
In no way was working on stuff or no, so I wanted to kind of make sure you guys were OK on something.

 **Stephanie Herbers** joined the meeting

**TC** **Toni Cousins** 3:22  
So I apologize so much.

**UM** **Ulstad, Mindy** 3:30  
20 I just popped a.


 **Swanson, April** left the meeting


**UM** **Ulstad, Mindy** 3:33  
What's on the the California master plan on aging web page?


I'm into the chat.


I I assume that's probably what we're we're looking at is the housing for all stages and ages.


 **Toni Cousins** 3:43  
Yeah.

 **Ulstad, Mindy** 3:44  
It's their goal for the 2030, OK, so everybody should be able to pull that up, yeah.

 **Toni Cousins** 3:50  
Thank you.  
Such a life saver.  
Yes, ma'am.  
That's exactly what I was trying to put up.

 **Ulstad, Mindy** 3:54  
OK.  
And then if you Scroll down towards the bottom of that page, they actually have their strategies and so there's strategy, a more housing options strategy, B, transportation beyond cars.  
Oops, I think those are those are related to their their broad goals.  
Ohh but if you click under the more housing options you can look at their initiatives.  
Uh, so there's six initiatives that are listed should be able to share only.

 **Rosenzweig, Stacey** 4:27  
I've got many.

 **Ulstad, Mindy** 4:28  
OK.  
Thank you.

 **Rosenzweig, Stacey** 4:30  
Umm.

**UM** **Ulstad, Mindy** 4:32

So if you click on that, that plus sign under the housing options, you can actually see the initiatives that they have.

I'm laid out for California so and if you guys wanna take a look at that and see if that is, you know, some of the things that we've been working on or things that we need to be looking at differently, ohm.

I think ours is a lot wider than that one even.

Ohh.

Interesting the way it's laid out.

That's interesting.

Any comments of anyone has from reading that those six initiatives under the housing?

**RD** **Rosenthal, Dan** 6:10

Yeah, I noticed the the implement the veteran support of self Reliance Pilot program.

 **Vee Sanchez - vee@empowermissouri.org** joined the meeting

**RD** **Rosenthal, Dan** 6:15

That's not something I think any of us talked about.

**UM** **Ulstad, Mindy** 6:21

I don't.

I don't remember that either, yeah.

**RD** **Rosenthal, Dan** 6:28

It's good idea.

**UM** **Ulstad, Mindy** 6:31

Yes, definitely.

Very good.

**RD** **Rosenthal, Dan** 6:47

I think, yeah, I think we hit on most of the others, if not all of the others in some way.

**UM** **Ulstad, Mindy** 6:53

Agreed.

Yeah, I guess what I think our our recommendations went even beyond all of that.

**RD** **Rosenthal, Dan** 6:56

And that.

**UM** **Ulstad, Mindy** 7:00

So it's interesting to see the difference between the two for sure.

**RD** **Rosenthal, Dan** 7:04

Umm.

**UM** **Ulstad, Mindy** 7:06

Uh.

Tony, was there any other agenda?

I don't have the agenda in front of me.

Were there other agenda items we should be looking at?

I'm for this particular meeting.

**TC** **Toni Cousins** 7:26

No, I think that's the main thing that they want that Laura was saying that they wanted us to really focus on kind of reviewing this.

Umm.

Document and kind of sort of brainstorming how we can kind of use this as a tool kit to focus on, kind of what we've been doing and how we can trying to translate what they have and what these to be looking at and what we should be looking at and saying how we want our to look.

I don't think we will want to have six, but that's something that we kind of were kind of distrustful.

But in my opinion, I think none of us can really comfortable waiting until after we get more in back from those from you.

**UM** **Ulstad, Mindy** 8:10

OK, great.

Yeah.

Umm.

So just to I I provided this in the last group they asked for it.

So I'll just share it with this group about the town halls.

And so we do have the 10 town halls, the in person, one starting next Monday, and we'll be going across the state for the next two weeks.

The town halls will be set up for two hours.

For the most part, the Kansas City one is an extra hour because they are partnering with one of their community organizations to ask some additional questions.

In the last hour, but for the most part, they're two hours and we'll start off with the area agency on aging.

That is, the host, or the cohost of the town halls, and doing a short introduction and followed by a high level overview of the master plan.

Just kind of where we have you know how we've gotten to where we are now and and where we're going.

And then we'll spend about 90 minutes in small groups, so 10 to 12 people.

 **Teona McGhaw-Boure** joined the meeting

 **Ulstad, Mindy** 9:05

Each group will have a facilitator and a notetaker, and they'll work with the participants to get through each one of the seven subcommittees, and so they developed three questions, and for each of the subcommittee areas.

And they're very general questions and actually just thought I had opened earlier.

And so they for housing and aging in place, the three questions are what are some of the challenges or benefits that you currently experience with housing and aging in place?

And the second question is how do you see your housing needs and preferences changing over the next 10 years?

And then the third question is what is your hope for the future when it comes to housing and aging in place?

And so we purposely left those pretty wide open.

We wanna be able to get feedback without.

Making people feel like they're tied into the recommendations that we put forward,

we will have the recommendations there for people to look through, but we didn't want them to feel like they had to stay within those.

We purposely left them pretty general questions and pretty wide open and the facilitators also have some prompting questions if people aren't really talking in a particular section.

But we hope that people can move through all seven areas and in those smaller groups within about that 90 minutes.

And then if there's time left at the end and we will have each group do like a a report out within their own small group of kind of those high level areas that came up through the conversations just to make sure that there was nothing missed to answer any questions, that sort of thing.

 **Kristin Davis** joined the meeting

 **Ulstad, Mindy** 10:42

And within those small groups of people are not interested in speaking out. Like if somebody that's acting kind of shy or we have somebody that's really trying to talk over everyone or kind of dominating that time we we are gonna have no cards there for people to be able to write those things down to try to keep that conversation going and make sure that everybody can get the input that they would like to share.

And then we do have a QR code that we're gonna have up to that will direct them to the website and we've updated the website to be able to put I they can put any comment, questions, suggestion or whatever they want.

And then there's also a space for them to leave their name, address or not address. Name, email address, or phone number if they want us to contact them back for any reason.

So we'll be looking at all of that also once we get through the town halls and get a chance to put all of that information together and we will try to get all of that information, all that feedback for your subcommittee back to you in April.

So that that's the goal for the town halls and some of them are having food and snacks, some are not and it's just kind of up to the area agency on aging what they were wanting to do.

I'm we are still looking for volunteers, so if you or you know staff are available in the Cape Girardeau area or the Joplin area, we could still use some volunteers in those

areas.

The Cape Girardeau locations, expecting up to 1500 people so as you can imagine we need a large number of people to try to assist that that larger crowd.

So, and then Joplin's expecting around 300.

So we do have enough volunteers in the other areas of course, of if you're there and we recognize you and we need help, we'll probably grab you.

So just fair warning on that ohm, but just wanted to give you just a little bit of info on the town halls and then look for the survey to be coming out hopefully within the next couple of months.

**TC** **Toni Cousins** 12:39  
OK, ohh no.

**UM** **Ulstad, Mindy** 12:39  
We hope to have that survey out.

 **Toni Cousins** left the meeting

 **Toni Cousins** joined the meeting

**TC** **Toni Cousins** 12:47  
Some of these requests were one while you were the board.

**UM** **Ulstad, Mindy** 12:54  
Any questions or comments or anything at this point?

**LC** **Laura Cravens** 13:08  
Do you have an estimation of what you think the Jeff City crowd's gonna look like?

**UM** **Ulstad, Mindy** 13:12  
I don't they have to wait for 2:40.  
So that's kind of how we've we've geared our volunteers as what they have space for.

 **Vee Sanchez - vee@empowermissouri.org** left the meeting



**UM** **Ulstad, Mindy** 13:19

So we because we didn't make people RSVP, we thought that was a very we don't have exact numbers.

**LC** **Laura Cravens** 13:27

Thank you.

**UM** **Ulstad, Mindy** 13:28

Of course.

**DR** **Donna Rodriguez** 13:32

And when is that training going to be offered?

I signed up to volunteer, but I think you were gonna offer a training.

 **Vee Sanchez - vee@empowermissouri.org** joined the meeting

**UM** **Ulstad, Mindy** 13:39

We did, yes.

There was one yesterday and there's another one.

**DR** **Donna Rodriguez** 13:42

OK.

**UM** **Ulstad, Mindy** 13:42

Yeah, but I can send you that reporting.

We we do have it recorded.

We must only got to down somehow, but I will be sure to.

**DR** **Donna Rodriguez** 13:48

OK.

Well, I just signed up yesterday.

**UM** **Ulstad, Mindy** 13:50

OK.

**DR** **Donna Rodriguez** 13:52  
It's just.

**UM** **Ulstad, Mindy** 13:52  
Well, I will get you that recording, Donna.  
So you can see it and make sure that you have the facilitator guide and everything.

**DR** **Donna Rodriguez** 13:58  
OK.  
Thank you.

**UM** **Ulstad, Mindy** 13:59  
Yes, of course.  
Any other questions?

 **Galucia, Natalie** left the meeting

**UM** **Ulstad, Mindy** 14:15  
All right.  
Well, I'm gonna let you guys go.  
I'm not gonna hold you on a call here and we hope to see everyone at the town halls.

**TC** **Toni Cousins** 14:25  
I don't have a question.  
Let me just say answer to like say so much.

 **Stephanie Herbers** left the meeting

**RD** **Rosenthal, Dan** 14:34  
Thank you all alright.

 **Julie Peetz** left the meeting

 **Ulstad, Mindy** 14:37

Thank you.

 **Rosenthal, Dan** left the meeting

 **Laura Cravens** left the meeting

 **Toni Cousins** left the meeting

 **Teona McGhaw-Boure** left the meeting

 **Kristin Davis** left the meeting

 **Rosenzweig, Stacey** left the meeting

 **Ulstad, Mindy** left the meeting

 **Vee Sanchez - vee@empowermissouri.org** left the meeting

 **Donna Rodriguez** left the meeting

 **Jeanette Oxford** left the meeting

 **David Baker** left the meeting

 **Vicki Spraul** left the meeting

 **Vee Sanchez - vee@empowermissouri.org** joined the meeting

 **Vee Sanchez - vee@empowermissouri.org** left the meeting

 **Bob's OtterPilot** left the meeting

 **Rick's OtterPilot** left the meeting

- **Rosenzweig, Stacey** stopped transcription