GET AN A+ IN SNEEZING

**Feel a sneeze (or cough) coming on?
Here are things you can do to not spread germs.**

Step 1: Move away from others when you sneeze or cough

Step 2: Cover your nose and mouth with a tissue or your elbow

Step 3: After you've sneezed or coughed, wash your hands as soon as possible

MISSOURI DEPARTMENT OF
**HEALTH &
SENIOR SERVICES**

Protect yourself and your school from getting sick. Visit:
MOMakeTheGrade.com